



behavioural
neurotherapy clinic
ADHD.COM.AU - est. 2000

How can we support your Patients ?



A referral resource for General Practitioners

Psychological assessments for your *child* and *adult* patients

Assessments to support
diagnostic clarification
and informed clinical
decisions

Assessment and psychological services

- ASD
- ADHD
- IQ tests
- GDD
- Anxiety Disorders
- Depression
- Mood Dysregulation
- PTSD
- Educational Assessment
- Learning Disorders
- Communication issues
- Social & Emotional issues

Psychological assessments and Support

Since 2000, we have provided comprehensive psychological assessments and intervention services for children, adolescents, and adults. We welcome referrals under a GP Mental Health Care Plan (MHCP).

All assessments are conducted by an AHPRA-registered psychologist, with a clinical psychologist's involvement where appropriate. Our approach is guided by DSM-5-TR criteria and current Australian clinical guidelines to support diagnostic clarification and informed management planning.

Reports are structured to provide clear diagnostic impressions where applicable, along with clinically relevant recommendations to support ongoing care and decision-making.

Why refer to BNC?

- We have been providing psychological and behavioural assessments for over two decades.
- All clinicians are appropriately qualified and, where required, registered with AHPRA.
- Our reports are concise, clinically grounded, and tailored to the needs of referring practitioners, supporting practical decision-making and ongoing care.
- Each patient receives a comprehensive written report and a feedback session to discuss outcomes.
- Telehealth assessments are available for suitable patients to increase accessibility.

Examples of our assessment process

ADHD assessments follow current Australian clinical guidelines and include clinical interviews, developmental history, standardised rating scales, and screening for co-morbidities.

Autism assessments are aligned with the Autism CRC National Guidelines and include clinical interviews, behavioural observation, and standardised functional assessment tools. Where indicated, we provide support for NDIS access needs.

All case formulations and diagnostic conclusions are based on DSM-5-TR criteria, with tailored recommendations to support ongoing care and clinical decision-making.



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