ADHD Assessment for Melbourne's Eastern Suburbs

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The Behavioural Neurotherapy Clinic (BNC) is based in Doncaster, serving families and adults across Melbourne's eastern suburbs with comprehensive ADHD assessment and diagnosis. Assessments are available in clinic or via Zoom telehealth, so distance from Doncaster is rarely a barrier.

Eastern Suburbs We Commonly See Clients From

Area	Suburbs
Manningham	Doncaster, Doncaster East, Templestowe, Templestowe Lower, Warrandyte, Park Orchards
Whitehorse	Box Hill, Blackburn, Nunawading, Mitcham, Vermont, Forest Hill, Mont Albert
Boroondara	Camberwell, Balwyn, Kew, Hawthorn, Surrey Hills
Maroondah	Ringwood, Croydon, Bayswater, Heathmont

Don't see your suburb? Zoom telehealth assessments are available across Victoria – call us to check availability.

Why Families in the Eastern Suburbs Choose BNC

- No lengthy waitlist – most new clients are seen within 1–2 weeks (see our full guide to assessment wait times)
- Comprehensive assessments for both children and adults, including late-diagnosed adults
- Registered psychologists using gold-standard, AADPA-aligned assessment tools
- In-clinic in Doncaster or via Zoom telehealth
- Multimodal treatment options after diagnosis, including nutritional support — one of few Melbourne clinics to offer this

Assessment Options

Whether you're seeking an assessment for a child or for yourself as an adult, BNC's process follows the same gold-standard structure: clinical interview, standardised testing, and a feedback session with a full written report.

- Adult ADHD assessment — including late diagnosis
- Child ADHD assessment — what parents need to know
- Full assessment and diagnosis process

2026 update: Victorian reforms now allow some trained GPs to diagnose ADHD for straightforward presentations. A full psychological assessment remains recommended for complex cases or where a detailed written report is needed. Read our full guide to the 2026 reforms.

Frequently Asked Questions

Do I need to travel to Doncaster for an assessment?

Not necessarily. Many clients across the eastern suburbs complete their assessment entirely via Zoom telehealth, which follows the same process as an in-clinic assessment.

How long does an ADHD assessment take?

Typically 2–4 sessions over 2–4 weeks, depending on whether it's a child or adult assessment and the complexity of the presentation.

Do you see clients from outside the eastern suburbs?

Yes — BNC sees clients from across Melbourne and regional Victoria via telehealth, though our clinic is based in Doncaster in the eastern suburbs.

Ready to book an assessment? Call BNC on (03) 9848 9100.

Book an ADHD assessment in Melbourne's eastern suburbs

Our clinic is at 2/314 Manningham Rd, Doncaster. Call reception to discuss your situation.

□□ (03) 9848 9100

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